

Higher Education

University of Hertfordshire

MSc Advanced Neuromusculoskeletal Physiotherapy

Sep. 2014 - 2019

Modules completed: Trauma Image recognition, Self directed research, Lower Quadrant Assessment and treatment, Upper Quadrant assessment and treatment.

University of Essex

MSc Physiotherapy (Pre Registration) (Distinction)

Sep. 2008-Aug 2010

University of Hertfordshire

BSc (Hons) Sport and Exercise Science- 2nd Class (Division 1)

Oct. 2005- June 2008

Employment:

Regional FCP Lead, South and West UK.

Pure Physiotherapy

01.11.2021 - Current

- Responsible for managing the service provision of FCP's and all clinics within the South and West region of the UK.

Specialist Hip Physio:

The Hip Physio

01.03.2020- Current

- Face to face and remote consultations for patients experiencing acute and complex hip related issues.
- Managing both general public and professional and elite athletes with hip related issues.

Physiotherapy Manager:

Nuffield Health, Taunton Hospital

01.04.2019 – 01.11.2021

- Managing a team of experienced Senior Physiotherapists Responsible for service development, ensuring an excellent standard of care is given by my team, providing training, monitoring and managing KPI's

Clinical Lead Physiotherapist:

Nuffield Health, The Manor Hospital

01.04.2018 – 01.04.2019

- Managing a team of experienced Senior Physiotherapists who are based both at The Manor Hospital, and the Oxfordshire Fitness and Wellbeing Centre.
- Working closely with leading surgeons and leading the 'Hip Clinic'.

- Independently referring patients for imaging where needed.
- Responsible for service development, ensuring an excellent standard of care is given by my team, providing training, monitoring and managing KPI's.

Specialist MSK Physiotherapist:

Tring Physiotherapy and Sport Injury Clinic 01.09.2017 – Current

- Management of varied Sport Injury caseload with a specialist interest in hip injuries.
- Working closely with Orthopaedic consultants for post-operative rehabilitation and care.

Advanced Level Physiotherapist:

Nuffield Health 01.08.2015 – Current

- Working as a specialist physiotherapist assessing and treating all musculoskeletal injuries in an outpatient setting.
- Case management of complex musculoskeletal patients via telephone assessment and management. This service is modelled on the NHS ESP role.
- Responsible for referrals directly into diagnostics, injection therapy, consultant reviews or other specialist clinical pathways.

Senior Physiotherapist:

Nuffield Health, Chingford 07.06.2014 – 01.08.15

- Assessing and treating patients post-operatively, sports injuries, occupational injuries and all other musculoskeletal conditions.

Musculoskeletal Physiotherapist

Elite Physical Medicine, Aylesbury 01.04.2015 - 01.08.15

- Working as part of a large MSK sports medicine clinic treating widely varied caseload of elite and amateur sportsmen and women alongside the general public.

Senior Physiotherapist:

Centennial Medical Care –Sports Injury Clinic 01.02.2014 – 01.04.15

- Sport Injury Clinic led by Dr Ian Beasley (F.A Head of Medicine) and Dr Richard Weiler (West Ham F.C Head of Medicine) treating all musculoskeletal conditions.

Owner / Musculoskeletal Physiotherapist:

TotallyPhysio

- Assessing and treating individuals with Musculoskeletal Injuries.

Clinic Manager/ Lead Physiotherapist:

David Lloyd Physiotherapy, Bushey 01.07.2012 – 01.06.2014

- Independently managing and growing a busy private clinic.

- Assessing and treating patients post-operatively, sports injuries, occupational injuries and all other musculoskeletal conditions.
- Responsible for all managerial tasks including financial tracking and management

Musculoskeletal Physiotherapist:

IPRS – Ford Motor Company Prototype Test Centre

01.04.11 – 01.07.2012

- Independently responsible for running and managing onsite physiotherapy clinic within the occupational health department.
- Assessing and treating patients post-operatively and with sports injuries, occupational injuries and all other musculoskeletal conditions.

Musculoskeletal Physiotherapist:

HeadStart Sport Injury and Performance Clinic

01.09.10 – 01.04.11

- Assessing and treating elite athletes with Musculoskeletal Injuries.
- Lead professional for Chronic Pain Clinic
- Running Injury Prevention Workshops for local sports clubs.

Academy Physiotherapist:

West Suffolk Sports Academy

01.08.10 – 01.04.11

- Working closely with the U-18's boys rugby and football teams and the girl's U-18 football teams.
- Attending training and matches and to carry out rehabilitation with injured players.
- Independently responsible for all 3 sports teams at the academy.

Physiotherapist:

Tabard RFC (Women's and Youth's)

08.09.10 – 01.03.11

- Attending training to assess and treat players.
- Responsible to carry out rehabilitation with injured players.

First Team Physiotherapist:

AFC Sudbury

01.07.09 – 01.05.10

- Directly responsible for the pitch side management of first team matches.
- Responsible to carry out rehabilitation with injured players.

First Team Physiotherapist (Cover Work):

Barking RFC

Harpenden RFC

Thurrock RFC

Locum

- Directly responsible for the pitch side management of first team matches.

References: On request.

